

The 'On Retreat With ...' Series



Self and Environment

On Retreat With
Charles Brandt



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The 'On Retreat With ...' Series

Each title in the series offers a personal retreat led by an experienced spiritual guide. You are helped to use the time and space at your disposal to create a retreat, a return to your spiritual centre, which will refresh and entrance the spirituality of daily living.

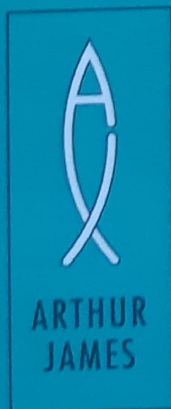
Self and Environment



Writing from his hermitage in the forests of British Columbia, Charles Brandt leads us in this retreat to a fuller sense of the sacredness of creation and of our oneness with nature. He explores the damage inflicted on our sense of self and of God by the split we have made between humanity and the natural world. He helps us recover wholeness by showing how meditation and insight into the beauty of the world offer vital hope for a world in crisis.

Charles Brandt was trained as an ornithologist and environmentalist before being ordained as a hermit priest in British Columbia. He occasionally leads retreats which share the fruit of his solitude with others.

'My hermitage is located deep in the temperate rain forest on the Oyster River. The logging road along with other trails through the forest is where I practice walking meditation. I do not think of the road as leading anywhere. It is the road to nowhere, the path on which I journey and have been journeying for a lifetime ...'



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